



## JOSLYN RECREATION CENTER NEWSLETTER AUGUST 2024

The Joslyn Center lost one of its most dedicated, loyal members and advocates July 29<sup>th</sup> with the sudden passing of Joel Cehn. Prominent in many local activities, Joel was the current Treasurer of the Center and a longtime Board Member. He was a crucial voice in the decisions that Joslyn has made for many years and will be sorely missed for his leadership and his steady presence at the center.

A Celebration of Life ceremony will be held for Joel at Shamel Park on Tuesday, August 6th at 3:30PM.

Work continues on our project to update and improve the signage of the center. Designs are coming out, and you can look forward to a new look for the Joslyn Center in the coming weeks.

The Board is searching for someone to help with Treasurer duties. If you are a Joslyn member with appropriate skills and wish to serve, please contact David Stiles or Mark Kantor at 805.927.3364. Additional volunteer opportunities are plentiful at the Joslyn Center, and if you are interested in donating a few hours a week for a good cause, contact us at 805.927.3364 or [Joslynrec@joslyncenter.org](mailto:Joslynrec@joslyncenter.org)

#### CLUB NOTES:

**POKER CLUB:** Join us for fun and affordable poker in Cambria. Thursday evenings at 6:15p we play “Dealer’s Choice” poker in the conference room. Choose from a \$5 or \$25 buy-in table (for the evening) and enjoy the fun. Our monthly tournament will be Saturday August 10<sup>th</sup> at 6:15p in the Main Hall. Game will be Omaha 8, and buy-in is \$20 (re-buys at \$20 are allowed for a limited time). Questions? Contact Manya at 805.927.5000

cell/text.



## Friday Night Ecstatic Dance!

**Inner Rhythm** is a growing group of heart-centered-people who dance as a way of returning to our selves and to commune with each other.

For us the dance floor is a playground, a teacher, a healer.

There are no steps to follow, no right or wrong way to move, we dance to feel what is sacred through the movement of our bodies.

**Inner Rhythm** is a 70-90 minute dance journey. Every **Inner Rhythm** dance is different but the basic format is the same. We start with slower fluid rhythms, move into pulsing percussive beats, peak into wild chaos, then return with trance-like lyrical rhythms dissolving into a quiet gentle stillness.

We finish with a short closing circle.

Every Friday 7:30 pm - Joslyn Center, 950 Main St., Cambria

\$5.00 admission • Vist us on Facebook

**CAMBRIA COMMUNITY CHORALE:** Have you considered joining the Cambria Community Chorale? We have a lot of fun and we hope you'll consider joining us. We begin fall/winter season practices on Tuesday August 20, 2024. We meet every Tuesday from 9:00a to 11:00a for our weekly session. Sectional practices are on Friday afternoons for 45 minutes each section (bass, tenor etc.) on an optional basis. The Chorale performs 4 times yearly, with two performances in December for the Fall/Winter season and two in May for the Spring session. We believe singing is for everyone, that's why auditions are not our

norm. If you have a desire to sing and can carry a tune, we'd be delighted to have you join us. For more details and dues information, contact Club President Dianne Anderson at 408.221.9650. We look forward to singing with you!

#### BRIDGE CLUB:

“Bridge is the best exercise there is for the brain”  
-Warren Buffet

Studies have shown that bridge isn't just a game, it's a brain booster. Researchers at UC Berkeley found that bridge players have a boosted immune system thanks to all the mental gymnastics. Bridge is good for your social life too. Bridge provides the perfect combination of mental stimulation and social interaction, keeping us sharp and sociable as we age.

So, come and learn bridge on Tuesdays at 1:30p in the Main Hall, or play with your partner on Thursdays at 6:00p also in the Main Hall. Duplicate bridge is the 2d and 4<sup>th</sup> Wednesday at 1:00p in the main hall again.

SPIRIT DANCE & DRUM CIRCLE: Check the online calendar for August at [joslynrec.org](http://joslynrec.org) to see the schedule and find the full moon drum circle for August!



The Cambria Lions  
PINEDORADO DAYS ARE HERE!  
AUG 31ST THRU SEPT. 2

Saturday Parade begins 9:30am !!!  
Come watch the parade downtown on  
main street

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Come see Nate's Pinedorado Car Show  
on Sunday Sept 1

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Pinedorado Follies presents  
"Cambria Night Live"



Show Dates:

Aug 23,24,25,30,31, Sept 1

All performances start at 7:00pm  
except the show on Aug 25th is a  
special matinee performance which  
starts at 3pm. Doors open a half hour  
before show time

Tickets will be available online and at  
the Chamber of Commerce

CAMBRIA DANCE AND SOCIAL CLUB: The Dance Club has been enjoying summer dances, but we'll take the month of August off. Looking forward, we have plans for the rest of this year:

September 11 –



Join us for an early Oktoberfest party. Dress is casual. In addition to your potluck contribution, bring your favorite beverage, dishes, utensils and glasses (disposable is OK if you wish). Coffee, water and a good time will be provided.

Later this year, the following dances are being planned:

October 23 – Time for a Halloween celebration!

November 13 – This will be our annual “Turkey Shoot”

December 11 – Annual holiday party.

For more information, contact Pat Burbank via the office at [Joslynrec@joslyncenter.org](mailto:Joslynrec@joslyncenter.org).

FISHING CLUB: Club Record Big Fish – 219 pound Bluefin Tuna, 73” long, 49” girth by Jim Pierce, June 2024



LAWN BOWLS CLUB: Jackie Hogan provided a tournament wrap up for their recent event, please see attached.

Clean up club for August is Dancercize.

See you at the Joslyn,  
Dave Stiles, 2024 JRC Board President